



## Comprehension Questions for “Zero Tolerance for Junk Food at Schools?”

Name: \_\_\_\_\_ Date: \_\_\_\_\_

1. Under an amendment to the National School Lunch Act, list four places on school grounds that will not be allowed to sell junk food.

*Cafeterias, vending machines, school stores, and snack bars*

2. What two arguments in this article do students make to continue selling junk food?

*Students should be able to make their own decisions and students will buy the food anyway once they leave the school.*

3. What worries some adults and school officials regarding the new amendment to the National School Lunch Act?

*The schools may lose money because the vendors of the junk food provide them with money for special programs.*

4. What are the current requirements listed that determine whether or not foods may be sold in schools?

*They need to contain at least 5% of the recommended daily allowance of protein, and certain vitamins and minerals. This is regardless of how much fat, calories added sugars or sodium.*

5. Who currently has the authority to make decisions concerning the official school lunch?

*The Department of Agriculture*

6. Which group recommends the types of foods to be sold in schools based on whether they promote obesity?

*The schools themselves, they are to set the example.*

7. What percent of schools sell candy, soda, and other snacks?

*90%, or 9 out of 10 schools.*

8. What does Michigan's proposed wellness plan include?

*A health team and monitoring system, plus healthier choices in foods and physical activity.*

9. In a survey by the Agriculture Department and Centers for Disease Control and Prevention, how were sales affected once schools offered healthy food options?

*Out of 17 schools, 12 actually gained revenue, while one lost marginally.*

10. Name two ways in which one school district tried to offer more healthy options to students.

*Whole wheat pizza crust, more bottled water, offered balanced lunches.*